

April 2023

BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Banana Muffin Frosted Flakes w/ Cinnamon Grahams Main Fruit Orange 2nd Fruit- Apple 1% White Milk Fat Free White Milk</p>	<p>4</p> <p>Apple Jacks w/ Honey Grahams Pancake Stack w/ Syrup Main Fruit Banana 2nd Fruit- Pear 1% White Milk Fat Free White Milk</p>	<p>5</p> <p>Pan Dulce Frosted Flakes w/ Cinnamon Grahams 100% Fruit Juice 2nd Fruit- Apple 1% White Milk Fat Free White Milk</p>	<p>6</p> <p>Chicken Sausage Breakfast Sandwich Froot Loops w/ Honey Grahams Main Fruit Orange 2nd Fruit- Pear 1% White Milk Fat Free White Milk</p>	<p>7</p> <p>Cinnamon Delight Frosted Flakes w/ Cinnamon Grahams Main Fruit Pear 2nd Fruit- Apple 1% White Milk Fat Free White Milk</p>
10	11	12	13	14
<h2>Spring Break</h2>				
<p>17</p> <p>Pan Dulce Frosted Flakes w/ Cinnamon Grahams Main Fruit Orange 2nd Fruit- Apple 1% White Milk Fat Free White Milk</p>	<p>18</p> <p>Apple Jacks w/ Honey Grahams Bean & Cheese Burrito w/ Hot Sauce Main Fruit Banana 2nd Fruit- Pear 1% White Milk Fat Free White Milk</p>	<p>19</p> <p>Blueberry Muffin Frosted Flakes w/ Cinnamon Grahams 100% Fruit Juice 2nd Fruit- Apple 1% White Milk Fat Free White Milk</p>	<p>20</p> <p>Mini French Toast Bites Froot Loops w/ Honey Grahams Main Fruit Orange 2nd Fruit- Pear 1% White Milk Fat Free White Milk</p>	<p>21</p> <p>Banana Bread Frosted Flakes w/ Cinnamon Grahams Main Fruit Pear 2nd Fruit- Apple 1% White Milk Fat Free White Milk</p>
<p>24</p> <p>Whole Grain Bagel w/ Cream Cheese Frosted Flakes w/ Cinnamon Grahams Main Fruit Orange 2nd Fruit- Apple 1% White Milk Fat Free White Milk</p>	<p>25</p> <p>Apple Jacks w/ Honey Grahams & Whole Fruit Yogurt Parfait w/ Strawberries & Honey Grahams Main Fruit Banana 1% White Milk Fat Free White Milk</p>	<p>26</p> <p>Cinnamon Roll Frosted Flakes w/ Cinnamon Grahams 100% Fruit Juice 2nd Fruit- Apple 1% White Milk Fat Free White Milk</p>	<p>27</p> <p>Froot Loops w/ Honey Grahams Scrambled Egg Breakfast Sandwich Main Fruit Orange 2nd Fruit- Pear 1% White Milk Fat Free White Milk</p>	<p>28</p> <p>Blueberry Mini Muffin & String Cheese Frosted Flakes w/ Cinnamon Grahams Main Fruit Pear 2nd Fruit- Apple 1% White Milk Fat Free White Milk</p>



All entries served with choice of 1% milk or fat free milk. All grain items offered are Whole Grain Rich.
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April 2023

LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Cheeseburger w/ Oven Baked Fries Plant-Based Chicken Tenders w/ Seasoned Fries 100% Fruit Juice 1% White Milk Fat Free Chocolate Milk</p>	<p>4</p> <p>Chicken Alfredo Pasta w/ Steamed Broccoli Cheesy Penne Alfredo w/ Steamed Broccoli & Dinner Roll Baby Carrots Orange 1% White Milk Fat Free Chocolate Milk</p>	<p>5</p> <p>Chicken Fajitas w/ Refried Beans & Mixed Vegetables Plant-Based Chicken w/ Pinto Beans & Rice Celery Sticks Banana 1% White Milk Fat Free Chocolate Milk</p>	<p>6</p> <p>Chicken Teriyaki w/ Not So Fried Rice Cheese Tamale w/ Seasoned Corn Baby Carrots 2 Apple 1% White Milk Fat Free Chocolate Milk</p>	<p>7</p> <p>Hamburger Bean & Cheese Burrito w/ Hot Sauce Lettuce, Tomato, Pickle Kit Orange 1% White Milk Fat Free Chocolate Milk</p>
10	11	12	13	14
<h2>Spring Break</h2>				
<p>17</p> <p>Chicken Patty Burger w/ Oven Baked Fries Cheese Melt w/ Oven Baked Fries 100% Fruit Juice 1% White Milk Fat Free Chocolate Milk</p>	<p>18</p> <p>Firecracker Chicken w/ Yakisoba Noodles Cheese Lasagna w/ Tomato Basil Sauce Baby Carrots Orange 1% White Milk Fat Free Chocolate Milk</p>	<p>19</p> <p>Chicken Burrito Bowl Plant-Based Chicken Burrito Bowl Celery Sticks Banana 1% White Milk Fat Free Chocolate Milk</p>	<p>20</p> <p>Baked Ziti w/ WG Cookie Cheesy Baked Ziti w/ Tomato Basil Sauce & WG Cookie Baby Carrots 2 Apple 1% White Milk Fat Free Chocolate Milk</p>	<p>21</p> <p>Bean & Cheese Burrito w/ Hot Sauce Beef, Bean & Cheese Burrito w/ Hot Sauce House Salad w/ Italian NEW Orange 1% White Milk Fat Free Chocolate Milk</p>
<p>24</p> <p>Honey Mustard Grilled Chicken Sandwich w/ Oven Baked Fries Cheese Melt w/ Oven Baked Fries 100% Fruit Juice 1% White Milk Fat Free Chocolate Milk</p>	<p>25</p> <p>Penne & Meatballs w/ Tomato Basil Sauce Cheese Lasagna w/ Tomato Basil Sauce Baby Carrots Orange 1% White Milk Fat Free Chocolate Milk</p>	<p>26</p> <p>Plant-Based Chicken Fajitas w/ Peppers, Refried Beans & Tortillas Beef Nachos w/ Baked Chips Cucumber Slices w/ Tajin Banana 1% White Milk Fat Free Chocolate Milk</p>	<p>27</p> <p>Cheese Tamale w/ Seasoned Corn Breakfast for Lunch: Pancake, Turkey Sausage Links & Seasoned Potatoes Baby Carrots 2 Main Fruit Apple 1% White Milk Fat Free Chocolate Milk</p>	<p>28</p> <p>Deep Dish Cheese Pizza Romaine Salad w/ Ranch Orange 1% White Milk Fat Free Chocolate Milk</p>



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SNACK

Monday	Tuesday	Wednesday	Thursday	Friday
3 WG Cinnamon Tiger Crackers Apple	4 WG Chex Mix 100% Fruit Juice	5 WG Churro Baked Chips Orange	6 WG Multi-Grain Bar Apple	7 WG Rice Krispie Treat Pear

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12
13
14

Spring Break

17 WG Pretzels Apple	18 Baked Chips 2 100% Fruit Juice	19 WG Mini Lemon Muffin Orange	20 Sunflower Seeds Apple	21 WG Cheez-its Pear
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24 WG Cinnamon Tiger Crackers Apple	25 WG Chex Mix 100% Fruit Juice	26 WG Churro Baked Chips Orange	27 WG Multi-Grain Bar Apple	28 WG Rice Krispie Treat Pear
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